



NOW PLAYING: NATIONAL SCHOOL LUNCH WEEK

OCTOBER 19-23, 2020

PARENTS:
Did You Know?
Today's school lunches meet strict nutrition standards, including limits on calories, sodium and unhealthy fats.



NOW PLAYING:
SCHOOL LUNCH
ADMIT ONE

30 MILLION
students enjoy
healthy lunches
every school day!

Your ticket to good nutrition!

Every School Lunch includes:

- $\frac{3}{4}$ cup of vegetables with every lunch
- $\frac{1}{2}$ cup serving of fruit daily
- 1 cup of 1% or fat-free milk
- Entrées include whole grains & lean protein



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Join the conversation: #NSLW2020 #SchoolLunch

Read school meal success stories here: traytalk.org

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